

South Aiken Baptist Christian School

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Athletic Handbook

Any exceptions to the policies contained herein will require approval from the Athletic Department and the Administration.

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ATHLETIC PHILOSOPHY

The primary purpose of school is education. Participation in athletics is a privilege for those students who are eligible according to the rules and policies of South Aiken Baptist Christian School (hereinafter referred to as SABCS) and the South Carolina Independent School Athletic Association (SCISAA) and Aiken Augusta Middle School League (AAMSL), an affiliate of the South Carolina Independent Schools Association (SCISA). SABCS is committed to the values of a well-rounded athletic program.

We believe:

- that participation in sports activities is an integral part of a student's educational experience;
- students should incorporate physical development with spiritual growth;
- we should glorify God with the talents and abilities He has given to each of us individually;
- as team members we should build relationships in our community and with other schools;
- our students will learn the value of teamwork, test and determine the limits of their own physical abilities, learn self control, and learn to handle success and failure;
- that student athletes are viewed as role models, and we expect our athletes to adhere to the highest standards of ethical behavior and sportsmanship; and
- as representatives of SABCS and, more importantly, of our Lord and Savior Jesus Christ, the student athletes will strive to conduct themselves in a manner that pleases all those they represent.

GENERAL INFORMATION AND GUIDELINES

1. SABCS competes in athletics through SCISAA and AAMSL, and many of our athletic policies reflect SCISA requirements. Some SABCS standards are more stringent than SCISA requires.
2. All rules apply to student athletes and to team managers.
3. To participate in an athletic event, a student must attend four (4) periods of the school day, unless he/she has received prior permission from the Athletic Director/Head Coach.
4. Funds are raised through various fundraisers, entry fees to sporting events, and concessions. Parents of athletes are required to participate in these fund raising efforts.
5. No parents or spectators are allowed on team benches (except in case of injury).
6. No parents or spectators are allowed in locker rooms at pre-game, half-time, or post-game talks (except in case of injury).
7. There are no Wednesday practices for any sport except cheer, (unless approved by the School Board) but there may be occasions when athletic events are held on Wednesdays for special times (playoffs, tournaments, etc.).

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Coaches' Authority

1. Coaches have the responsibility to model Christ-like attitudes and behaviors for our student athletes while under pressure themselves.
2. Coaches should use teachable moments that a team or individual faces to impart Biblical principles.
3. The makeup of a team is at the discretion of the Athletic Director/Head Coach. **Athletes must sign up for a sport by the first practice date of the sport**, as designated by the Head Coach, to participate. Exceptions to this will be approved by the Athletic Director.
4. The maximum number of players, per team level, will be determined by the Athletic Director/Head Coach. Should a student not be able to participate, the Athletic Director will personally contact the student to explain why he/she may not be able to play.
5. Playing time earned is at the discretion of the Head Coach. Differences of opinion in coaching will be discussed by a coach and an individual in private, not during or immediately after a game or practice. Suggestions are welcomed but will be used only at the coach's discretion.
6. No team meetings or practices are to be held without the coach's knowledge.

Sportsmanship and Commitment

1. Before trying out for an SABCS athletic team, a student must count the cost and be prepared to make a commitment to the team for the entire season. Any student athlete who begins a sport and quits will be required to sit out the next season; any sport. The athlete may practice with the team but may not play in the game or dress out. There will be a required pre-season meeting between athletes, parents, and coaches at the beginning of each athletic season. At least one parent and the athlete must attend this meeting for the athlete to be eligible to play.
2. It is the responsibility of the individual athlete to ensure that he/she has all parts of his/her uniform before a game begins and that all parts of the uniform will be worn by the athlete during the entire athletic event. Failure to comply will result in the athlete sitting the bench during the athletic event.
3. Athletes are expected to attend all practices on time and remain at practice until the coach has released them unless previous arrangements have been made with the coach. Should a student have to miss practice, it is his/her responsibility to contact the coach.
4. If a student is going to miss a practice or game, the parent must contact the Head Coach/Athletic Director and advise them of such. Should no contact be made the athlete will be required to sit out the next game. In the event an athlete misses 2 practices, without a proper excuse, he/she will be required to sit out at the next athletic event. If more than 2 unexcused absences occur, it will be at the discretion of the Athletic Director as to whether the athlete may continue to participate in the sport.

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5. It is the discretion of the Athletic Director/Head Coach to determine if an absence from practice or a game will be an excused absence. Excused absences include personal illness, death in the family or matters of which the athlete has no control. Excessive unexcused absences may result in the athlete being released from the team.
6. Any athlete that is injured may not return to practice or active play without a written release from the doctor.
7. A student may lose eligibility if he/she consistently defies authority or commits a serious breach of conduct. This loss may be for a specified period of time or may be permanent, depending on the circumstances, for the remainder of the school year. Parents will be informed of any such ineligibility by a phone call, email, in person, or in writing.
8. A student athlete must display good sportsmanship at all times in actions and words, must be respectful to all officials and focus on the game, must be courteous to visiting teams and spectators, respect the facilities of the host school, and, at the end of each game, shake hands with every member of the other team.
9. A student athlete must respect and be loyal to all coaches, teachers, staff, and chaperones as God has placed them in authority.
10. Athletes are to sit with their respective team mates before, during and after their respective athletic events, unless otherwise approved by the Athletic Director/Coach. Athletes must remain inside the athletic facility.
11. A student athlete must conduct him/herself in a God-honoring manner, win or lose.

Appearance Code

Athletes are representatives of our school when they are attending a sporting event. **Dress code for home and away games (Unless specified by the Athletic Director) for Volleyball, Basketball and Cross Country, both male and female, is as follows: Male athletes are to wear a dress shirt, dress pants, tie, belt, socks and shoes. Female athletes are to wear dresses or dress outfits with blouses.** For soccer: wear soccer jersey and blue jeans (no shorts), for Softball: wear softball jersey and blue jeans (no shorts), for Golf: wear khakis and red school polo (no shorts). Cheerleaders must wear their cheer uniforms to all sporting events. **No T-shirts or shorts may be worn for both male and female athletes. No hats may be worn, by any athlete, at any game, at any time.**

Athletes will be required to adhere to all standards of the school dress code during practice times, as they relate to attire, hair length, facial hair and fad coloring. Female athletes are encouraged to wear compression shorts under their uniform or practice attire. If a student athlete is not in harmony with the dress code, they may be required to sit out from a game until such time they are in compliance.

Athletic uniforms are to be worn only with permission from the Head Coach. Uniforms must be returned in good condition at the end of each season. The athlete will be responsible for paying for any uniform damaged or not returned. Report cards and permanent records will be withheld until all uniforms are returned or the uniform has been paid for.

ELIGIBILITY REQUIREMENTS

Residence Requirements

A student must reside with his/her parent(s) or a legal guardian to be eligible for athletic participation.

Eight Semester Rule

A student has Eight (8) Consecutive Semesters of varsity eligibility from the time he/she first enters the ninth (9th) grade.

Academic Requirements

1. Academic achievement is a prerequisite to participation. A student must meet the following criteria:
 - a. Maintain a “C” average per class grade for core classes (Bible, Math, Science, Social Studies, and English).
 - b. Take and pass all core courses (as defined in #8 below) each report card period to be eligible.
2. A senior who has met or is meeting all requirements for graduation must pass four (4), one-credit courses each report card period.
3. A student must have earned 4 core units or any 5 units of credits in the previous school year to be declared eligible at the start of the new school year.
4. A student in grades **6-12** must have passed the previous school year to be eligible for participation in the first grading period.
5. A Maximum of Two Credits earned during the summer sessions may be accepted from an accredited school.
6. A student may use college credit courses for eligibility purposes provided the student has met or is meeting requirements for graduation. A maximum of One (1) Correspondence Course per school year may be used for eligibility purposes.
7. A One- Credit Course is a course taken for 36 weeks, one period each day for a minimum of 45 minutes or the equivalent. A course taken each day as above for 18 weeks would be a half credit which, when combined with another half-credit course, would be the equivalent

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of a one- credit course. A course taken for 36 weeks but only three, 45 minute periods each week would not be a one- credit course. Note: A One- Credit Course taken for 18 weeks shall meet for one period each day for a minimum of 90 minutes or the equivalent.

8. Core Courses are those courses in Bible, English, mathematics, science and social studies that are required by SCISA and recommended by the Commission on Higher Education and are common to SCISA schools.
9. A part-time student, taking a minimum of 4 classes, is eligible to participate in the sports/athletic program.
10. For a student to be eligible to play in any given sport, grades will be routinely checked to ensure that the student is doing well in his or her classes. A student athlete can be placed on probation from any sport for grade (s) that fall below a “C” average in that class. A student must take and pass all courses (as defined in #8 above). Under this policy, grades will be checked every 4 weeks on Monday. The Athletic Director will check grades in Renweb. Any core class grades below a 70% will then be checked by the teacher for accuracy. Once the teacher confirms the below “C” average grade, that student will be placed on athletic probation. The student and parent will be notified with a written notice that must be signed and handed back to the Athletic Director. The Athletic Director will inform the coach. If a student does lose eligibility during this routine check, that student is ineligible to play, practice, travel with the team, or suit up with the team at games or events the following week. The grades of that student will be monitored each week until that student is eligible to play again. Once eligible, he or she can participate fully in his or her sport.
11. Any student that has a grade between 70% and 75% will be given an athletic warning that they may be at risk of being put on athletic probation. During this warning period, they are still eligible to practice, play and travel with the team.
12. If a student has a failing grade at the end of a quartered period, they will be ineligible to play, practice or travel with the team until the next quarter (9 weeks). The Athletic Director and Administration have the authority to remove any student that does not follow these requirements, from any sport played, until academic requirements are met accordingly.

SCISA Grade Level Requirements/Restrictions

- A. Varsity Teams: Eligible students in grades 8-12 may participate on varsity teams in baseball, basketball, soccer, football, and softball. Eligible students in grades 6-12 may participate on varsity teams in tennis, golf, swimming, cross country, track, cheer, and volleyball. Note: To address player safety, coaches and parents must carefully evaluate the skill level and physical competitiveness of students below the 9th grade before permitting participation on any varsity team.
- B. Middle School Teams: (AAMSL) Eligible students in grades 5 – 8 may participate on middle school teams in all sports.

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- C. JV Teams: Eligible students in grades 5 – 10 may participate in Track, Cross Country, Swimming, Volleyball, Golf and Tennis. Eligible students in grades 6 – 10 may participate in Basketball, Baseball, Softball, Soccer, Lacrosse and Wrestling.

Age Requirements/Restrictions

- A. A student is INELIGIBLE to participate in athletics if his/her 19th birthday is before July 1 of that graduating year. Note: There are no exceptions to the age standards.
- B. Junior Varsity: In order to participate in junior varsity athletics, a student must not have reached his/her sixteenth (16th) birthday before July 1 of that graduating year.

ATHLETIC FEES

The yearly Athletic Fee (\$200) must be paid before an athlete may participate in any sport and before practice officially starts for the sport in which the student is participating. There will be a \$50.00 fee for each additional sport played. Yearly athletic fees do not cover costs incurred for summer camps. Such summer camps are open to all current or potential athletes of qualifying age. The school reserves the right to charge for the use of the Gymnasium during summer months when school is not in session and summer camps are held. Attendance at Summer Camps, Strengthening and Conditioning, or Open Gym is not mandatory.

SCISA TRANSFER / RECRUITING RULES

- A. A student who transfers after having: a) attended one class at another school or b) filed the Agreement for Participation at another school during the defined sports season or practices with the other school's team on or after the first official practice date must wait sixty (60) days to become eligible to play for SABCS. This may be waived for a bono-fide change in residence.
- B. A transfer must have attended classes for thirty (30) days prior to the start of the play-offs to be eligible to participate in the play-offs.
- C. An academically eligible transfer student (school year transfer as defined above) must have been eligible to represent his/her former school under any school, student, or athletic policy that was in place when the student transferred, or the student must wait for ninety (90) calendar days to become eligible.

- D. A student who transfers before the start of the school year (has not attended one class and has not practiced with another school's team on or after the first official practice date) and has met all eligibility standards is eligible for athletic participation.
- E. A student must not have transferred as a result of recruiting or undue influence.

TRAVEL

We are committed to transporting our athletes to and from sporting events safely and easily. When we travel to an "away" game, all athletes are required to ride school-sanctioned transportation to and from the game. Any exceptions must be approved by the Athletic Director prior to the event, **NO EXCEPTIONS**. Student athletes may drive to away games with written permission. All athletes will conform to the dress code established for our traveling teams when attending any away games or competitions. Only athletes, coaches, and designated chaperones may ride with school-sanctioned transportation. Only siblings of an athlete whose parent is providing school-sanctioned transportation may ride in the vehicle with the team. A written note is required for any student not riding with his/her parent before OR after a game or event.

HEALTH AND SAFETY

Insurance and Physicals

1. *Adequate health insurance coverage for an athlete is the responsibility of the parent or guardian.*
2. A licensed physician must perform a physical exam and complete and sign the Medical Examination Form. This form is good for one year (twelve months from the date it is signed) and covers all sports offered at SABCS. This form will be filed in the student's permanent file, and a copy will be filed in the Athletic Director's office. Coaches will carry copies of these forms to all games.
3. Four additional forms must be signed for the student athlete to participate:
 - The Agreement for Participation;
 - Pre-Participation History & Health Assessment (completed by the parents); and
 - Warning of Inherent Risk: Minor Waiver/Release.
 - Student Handbook

Warning of Inherent Risk / Dangers of Athletic Participation

Participation in athletics includes the risk of injury which may range in severity from minor to disabling to even death. Although serious injuries are not common in supervised programs, it is impossible to eliminate the risk. Participants can and do have a responsibility to help reduce the

chance of injury. Participants must obey all safety rules, report all physical problems, follow guidelines for safe play, and inspect their own equipment and report any problems. Parents and the student athletes accept risks by signing the Warning of Inherent Risk: Minor Waiver/Release forms.

Medication

All student athletes who have health conditions that require medication (e.g., asthma, diabetes, allergies) must have medication with them at all practices and games in order to participate. If a student does not have their EpiPen, he/she should notify the Athletic Director to make sure one is available.

CONCUSSION POLICY

The South Carolina Independent School Association Concussion Policy *Injury Prevention and Control*

What is a concussion?

How do I recognize a possible concussion?

Know your concussion ABC's!

What can I do to prevent a concussion in sports?

What should I do if a concussion occurs?

Return to practice/return to play procedures.

What is a Concussion?

A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can also occur from a blow to the body that causes the head to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

Concussions can occur in *any* sport or recreation activity. So, all coaches, parents, and athletes need to learn concussion signs and symptoms and what to do if a concussion occurs.

How Can I Recognize a Possible Concussion?

To help recognize a concussion, you should watch for the following two things among your athletes:

- a forceful bump, blow, or jolt to the head or body that results in rapid movement of the head

AND

- any change in the athlete's behavior, thinking, or physical functioning.

An athlete who experiences *any* of the signs and symptoms listed below after a bump, blow, or jolt to the head or body should be kept out of play the day of the injury and until a healthcare professional, experienced in evaluating for concussion, says (in writing) that he/she is symptom-free and that it's OK to return to play.

Signs Observed by Coaching Staff

- | | |
|---|--|
| • Appears dazed or stunned | • Headache or “pressure” in head |
| • Is confused about assignment or position | • Nausea or vomiting |
| • Forgets an instruction | • Balance problems or dizziness |
| • Is unsure of game, score, or opponent | • Double or blurry vision |
| • Moves clumsily | • Sensitivity to light |
| • Answers questions slowly | • Sensitivity to noise |
| • Loses consciousness (<i>even briefly</i>) | • Feeling sluggish, hazy, foggy, or groggy |
| • Shows mood, behavior, or personality changes | • Concentration or memory problems |
| • Can't recall events <i>prior</i> to hit or fall | • Confusion |
| • Can't recall events <i>after</i> hit or fall | • Does not “feel right” or is “feeling down” |

Remember, you can't see a concussion and some athletes may not experience and/or report symptoms until hours or days after the injury. Most people with a concussion will recover quickly and fully. But for some people, signs and symptoms of concussion can last for days, weeks, or longer.

Know Your Concussion ABCs

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- A ---- Assess the situation
- B ---- Be alert for signs and symptoms
- C ---- Contact a health care profession

What Can I do to Prevent Concussions?

As a coach or parent, you play a key role in preventing concussions and responding properly when they occur. Here are some steps you can take to help prevent concussions and ensure the best outcome for your athletes, the team, league, or school.

Educate athletes and other parents or coaches about concussion. Before the first practice, talk to athletes, their parents, and other coaches and school officials about the dangers of concussion and potential long-term consequences of concussion. Explain your concerns about concussion and your expectations of safe play. Pass out the concussion fact sheets for athletes and for parents at the beginning of the season and again if a concussion occurs. Remind every athlete to tell coaching staff right away if he/she suspects he/she has a concussion or that a teammate has a concussion.

Monitor the health of your athletes. Make sure to ask if an athlete has ever had a concussion and insist that your athletes are medically evaluated and are in good condition to participate. Some schools and leagues conduct preseason baseline testing (also known as neurocognitive tests) to assess brain function – learning and memory skills, ability to pay attention or concentrate, and how quickly someone can think and solve problems. These tests can be used again during the season if an athlete has a concussion to help identify the effects of the injury. Prior to the first practice, determine whether your school or league would consider conducting baseline testing.

During the Season:

Practices and Games – *Insist that safety comes first!!!*

- Teach and practice safe playing techniques.
- Encourage athletes to follow the rules of play and to practice good sportsmanship at all times.
- Make sure athletes wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly.

Teach athletes it's not smart to play with a concussion. Rest is the key after a concussion. Sometimes athletes, parents, and other school or league officials wrongly believe that it shows strength and courage to play injured. *Discourage others from pressuring injured athletes to play.* Don't let your athlete convince you that they're "just fine."

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Prevent long-term problems. If an athlete has a concussion, his/her brain needs time to heal. Don't let the athlete return to play the day of the injury and until a health care professional, experienced in evaluating for concussion, says he/she is symptom-free and it's OK to return to play. A repeat concussion that occurs before the brain recovers from the first—usually within a short time period (hours, days, weeks)—can slow recovery or increase the chances for long-term problems.

Work closely with league or school officials. Be sure that appropriate individuals are available for injury assessment and referrals for further medical care. Enlist health care professionals (including school nurses) to monitor any changes in the athlete's behavior that could indicate that he/she has a concussion. Ask athletes or parents to report concussions that occurred during any sport or recreation activity. This will help in monitoring injured athletes who participate in multiple sports throughout the year.

Postseason

Keep track of concussion. Coaches should work with other school or league officials to review injuries that occurred during the season. Discuss with others any needs for better concussion prevention or response preparations.

Review your concussion policy and action plan. Discuss any need for improvement in your concussion policy or action plan with appropriate health care professionals and school and league officials.

What Should I do If a Concussion Occurs?

If you suspect that an athlete has a concussion, implement your 4-step action plan:

1. Remove the athlete from play.

Look for signs and symptoms of a concussion if your athlete has experienced a bump or blow to the head or body.

****** *When in doubt, keep the athlete out of play.***

2. Ensure that the athlete is evaluated by a health care professional experienced in evaluating for concussion.

Do not try to judge the severity of the injury yourself. Health care professionals have a number of methods that they can use to assess the severity of concussions. As a coach,

recording the following information can help with health care professionals in assessing the athlete after the injury:

- Cause of the injury and force of the hit or blow to the head or body;
- Any loss of consciousness (passed out/knocked out) and if so, or how long;
- Any memory loss immediately following the injury;
- Any seizures immediately following the injury; and
- Number of previous concussions (if *any*).

3. Inform the athlete’s parents or guardians about the possible concussion and give them the fact sheet on concussion.

Make sure they know that the athlete should be seen by a health care professional experienced in evaluating for concussion.

4. Keep the athlete out of play the day of the injury and until a healthcare professional, experienced in evaluating for concussion, says he/she is symptom-free and it’s OK to return to play.

A repeat concussion that occurs before the brain recovers from the first – usually within a short period of time (hours, days, or weeks) - can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.

Stage	Functional Exercise	Objective
1. No activity	Complete physical and cognitive rest	Recovery
2. Light aerobic exercise	Walking, swimming or stationary cycling keeping intensity <70% maximum predicted heart rate. No resistance training.	Increase heart rate
3. Sport-specific exercise	Running drills. No head impact activities	Add Movement
4. Non-contact training drills	Progression to more complex training drills, e.g. passing drills in football. May start progressive resistance training.	Exercise, coordination, and cognitive load
5. Full contact practice	Following written medical clearance , participate in normal training activities	Restore confidence and assess functional skills by coaching staff
6. Normal game play		

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ATHLETIC AWARDS

In order to be eligible to receive any athletic award, a student athlete must meet the following guidelines:

1. Must have no more than two (2) unexcused absences from practice (The Athletic Director or Head Coach requires a written note from a parent or doctor to excuse an absence);
2. Remain academically eligible for the entire season; and
3. Attend all games unless special circumstances are approved by the Athletic Director and/or Head Coach.

In order to earn a varsity letter, a student athlete must not only meet the above-mentioned criteria but must also be a student in grades 6-12 **and** play on a varsity team.

CODE OF CONDUCT

All fans, spectators, coaches, and student-athletes are encouraged to enthusiastically support his/her school and team. We all must realize that the athletic arena is an extension of the classroom. Valuable lessons other than winning and losing are taught. The safety and well-being of students, coaches, and officials is of utmost importance to us all. Athletic events shall be conducted in accordance with the policies, rules, and regulations of SCISA. Participants, coaches, and spectators shall at all times conduct themselves in a reasonable and sportsmanlike manner. A participant, coach, or fan will be in violation of the Code of Conduct upon any one or more of the following actions:

- By making any degrading remark about any official, coach, or athlete during or after a game, either on or off the field/floor of play.
- By arguing with an official or going through motions indicating dislike or disdain for a decision.
- By using any foul, abusive, or profane language at any time.
- By entering the playing area or field to protest, question, or object to a call or play.
- By hitting, shoving or striking any official, coach, athlete or fan at any time (or attempting to do so).
- By being ejected/removed from any contest.
- By detaining an official following the contest to request a ruling or explanation. By following/chasing after the official after a game to express your displeasure or opinion with a call or result of a play or game.
- By the use or display of alcohol, tobacco or an unauthorized drug.

Violations of the Code of Conduct could result in a school, player, or fan being fined, suspended, or placed on probation. The school shall be notified of the action taken by SCISA and will be responsible for the enforcement of the action.

Parent's Code of Ethics

1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every SABCS sporting event.
2. I will remember that the game is for the students, not the adults. I will place the spiritual, emotional, and physical well-being of my child and the other student athletes ahead of a personal desire to win.
3. I will insist that my child play in a Christ-like manner and treat other players, coaches, fans, and officials with respect.
4. I will require an environment for my child that is free of drugs, tobacco, and alcohol, and I will refrain from using these products at all SABCS sporting events.
5. I will help my child enjoy the SABCS athletic experience by doing whatever I can such as providing transportation, participating in Booster Club activities, and being a Christ-like fan.

Athlete's Code of Honor and Statement of Commitment

1. I will remember that I am first and foremost a Christian and that it is an honor and privilege to represent my school.
2. Remember that any talents I have are from God. If I have developed these talents, I will rely upon His strength to use them and will be sure to give God the glory.
3. I will demonstrate high ideals, maintain good habits of courtesy, and demand the same from my fellow teammates.
4. I will encourage my teammates to excel to their potential and ability level and speak highly of them to others.
5. I will pray for my coaches, my team members, and each of my opponents.
6. I will be courteous to visiting teams, coaches, officials, and fans.
7. I will refrain from any inappropriate language and understand that if I violate this I may forfeit my participation in the current game or next game.
8. I will follow my Christian principles in my behavior and my attitude. I will put my team first and ensure that any comments I make are positive and encouraging.
9. I will maintain self-control at all times.
10. I will do my best to attend every practice and game unless otherwise approved by my coach. I will inform my coach if illness or emergency keeps me from attending practice or a game.

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11. I will maintain my athletic eligibility and advise my coach of any academic problems I may be having.
12. I will not be allowed to play any other sport for one (1) sport's season if I do not honor my commitment to the team.
13. I will take care of my uniform and equipment and will return it at the end of the season. I agree to repair or replace my uniform or equipment if any damage (beyond normal wear and tear) occurs.

Please read, sign and date both portions and return to the Athletic Director.

PARTICIPANT AND PARENT/LEGAL GUARDIAN AGREEMENT AND PERMISSION

_____ (student's name) has my permission to participate in athletics. We have read and understand the philosophy of SCISA and AAMSL, the athletic Code of Conduct, and the Summary of Eligibility Rule. We understand that there are inherent risks in all athletics and that injuries do occur. SCISA may examine school records of the student whose name appears above in order to verify eligibility. We understand that this form is considered to be a binding contract. The student whose name appears above may only participate in athletics for SABCS. Transfer to another school after this form has been filed will subject the student to the Ninety Day Rule. We also agree not to hold SCISA or any of its agents, members, employees or affiliate organizations responsible in the event of an accident or injury. We further authorize any and all emergency medical treatment for the student named and will be responsible for any and all such costs.

Parent's Signature _____ Date _____

Athlete's Signature _____ Date _____

I have read the SABCS Athletic Handbook, the Parent's Code of Ethics, the Athlete's Code of Honor and Statement of Commitment, and the SABCS Student Handbook and agree to abide by the rules and guidelines stated therein.

Parent's Signature _____ Date _____

Athlete's Signature _____ Date _____